

CANCER

A COLLECTIVE VIEW



Edited by
DEBASMITA BASU

Cancer

A Collective View



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Preface

Cancer is not just a medical condition—it is a global challenge that affects lives, economies, and societies in profound ways. *Cancer: A Collective View* aims to shed light on the multi-faceted nature of cancer, bringing together insights from medical science, patient experiences, public health strategies, and technological innovations.

This book is the result of a collaborative effort among experts and contributors from diverse fields, each offering their unique perspective to the complex puzzle of cancer prevention, diagnosis, treatment, and survivorship. By combining scientific evidence with human stories, we aim to present a holistic view of cancer—one that is as much about hope and progress as it is about challenges.

It is my sincere hope that readers—whether they are healthcare professionals, patients, caregivers, or curious learners—find valuable insights and encouragement within these pages.

Acknowledgement

I extend my heartfelt gratitude to all the authors, researchers, and medical professionals who contributed their time, knowledge, and passion to this collaborative effort. Your dedication to understanding cancer from multiple perspectives has been the driving force behind this book.

I am deeply thankful to the cancer survivors and their families whose resilience and courage inspired many of the discussions within these pages. Your stories are a beacon of hope.

A special word of appreciation goes to the publishing team, reviewers, and editors for their meticulous efforts in bringing this work to life. Lastly, to my family and friends, thank you for your unwavering support and encouragement throughout this journey.

About the Editor



Ms. Debasmita Basu

India's Pioneer Hrhypnonlp Coach

Debasmita Basu is a trailblazing leader and India's Pioneer HRHYPNONLP Coach. With over 17 years of corporate HR experience and a strong educational background (MA in Education & MBA in Operations & HR), She is, the founder of BRASPL. She revolutionizes HR through innovative approaches like HRM, AI, and Hypnosis, empowering individuals and businesses alike. As a Certified Practitioner of iHNLP and Career Re-Igniting Specialist, she is dedicated to transforming lives. She is also the Director of, leading Basu Recruitment and Allied Services Pvt Ltd. She is Also an Author and has authored more than 140 books till date.

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About the Contributors



Dr. Aarti Midha

Psychiatrist

Dr. Aarti Midha is an MD in psychiatry from SMS Medical College, Jaipur, and ABAARM from the American Board of Anti-Aging and Regenerative Medicine, USA. She is a psychiatrist by profession and a metabolic & integrative medicine physician by passion. Her clinical interests include nutritional and metabolic interventions for mental health



Dr Manjoo Kar

Feng shui Consultant

Manjoo Kar is a Feng shui Consultant with over 25 years of Experience. She has profound results of her clients in India and other countries. She helps one empower their ability to face life with confidence and enhance their energy to obtain health wealth and prosperity. She did Feng Shui mastery from Master Joseph Yu Canada, Jon Sandifer for Astrology, and Lillian Too. She is also well trained in QI GONG under Master Feng, Australia.

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Dr. Priti

Functional Medicine Expert

Dr. Priti is a MBBS, ABAARM (USA) certified Functional Medicine Expert who uses functional medicine to help one find the answers to the cause of their illness and the nutritional and biochemical imbalances that may be making them feel ill. Functional medicine is personalized medicine that deals with the root cause of disease instead of just treating symptoms. She uses diet, supplements, lifestyle changes or medication to treat illness.

With 30 years of experience in the healthcare industry, Dr. Priti Nanda Sibal is passionate about making India a healthier and Fitter place. She and her team are health coaches, Life Coaches and psychological counsellors, working for better Lifestyle of people of this country. Her special interests are in Gut Health, Cancer, Diabetes & Obesity Reversal and BHRT.



Ms. Meenakshi Mehta

Storyteller, Content Creator, Consultant

Ms. Meenakshi Mehta is a multi-faceted professional with 25 years of experience spanning education, wellness, marketing, events, and storytelling. From teaching children to pioneering theatre-based corporate training, orchestrating weddings and working with start-ups, she has embraced every challenge with passion. Now, she leads immersive virtual experiences, empower artisans, and advocate for resilience as a cancer survivor and the author of *C for Courage*.



Dr. Tazyn

Managing Director, IARA Research Solutions Private Limited and Co-Founder of Mind Over Cancer

Dr. Tazyn is the Managing Director of IARA Research Solutions Private Limited and Co-Founder of Mind Over Cancer. She is a certified Neuro Linguistic Programming (NLP) Trainer and has been Training People on NLP for more than 5 Years now. She has been Instrumental In transforming Lives of More than 5,000 People Till date. Having defeated very advanced 3rd Stage Cancer with the help of some Proven Techniques, now she is on a Mission to Impact the Lives of at least 10 Thousand who want to reverse any Disease by 2030. She is also a TEDx Speaker.



Dr. (Mrs.) Mili Arpan Shah

BHMS (Bom), MS (Counselling & Psychotherapy), Diploma in NEM (Australia), Diploma in SME Management (IIM Bangalore)

Dr. Mili Arpan Shah is a distinguished homeopath, psychotherapist, and a leading pioneer in medical ozone therapy in India. With over 27 years of clinical experience in homeopathy and psychotherapy, and 20 years of specialized practice in ozone therapy, she has been instrumental in integrating this modality into mainstream healthcare.

Dr. Shah's clinical expertise extends to cancer care, pain management, and chronic disease treatment, combining ozone therapy with homeopathy, nutritional medicine, and environmental health. Her commitment to awareness and accessibility has led to the establishment of dedicated Ozone Forum of India clinics in Mumbai and Kolkata, ensuring that this innovative therapy reaches both urban and underserved populations.



Ms. Tanvira Rahman

Clinical Research Professional

Ms. Tanvira Rahman is a dedicated Clinical Research Professional with over 14 years of experience in clinical trials, site management, regulatory compliance, and stakeholder coordination. She has a proven track record in ensuring protocol adherence, maintaining high-quality patient care, and leading teams to deliver excellence in research operations. Skilled in audit and impact reviews, ethics submissions, patient recruitment, and data management, Tanvira brings both technical expertise and leadership to every project. Her strong communication skills and commitment to quality make her a valuable asset to sponsors, CROs, and research institutions alike.

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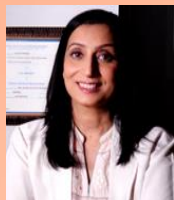
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Managing Director, IARA Research
Solutions Private Limited and Co-
Founder of Mind Over Cancer



Dr. (Mrs.) Mili Arpan Shah



Ms. Tanvira Rahman
Clinical Research Professional

ABOUT THE BOOK

Cancer: A Collective View is an edited volume that explores cancer from multiple dimensions, bridging the gap between medical research, patient advocacy, and community engagement. The book is structured to address:

Understanding Cancer – Basic biology, types, and the evolving nature of the disease.

Prevention and Early Detection – Lifestyle interventions, screenings, and risk-reduction strategies.

Treatment Approaches – From conventional therapies to cutting-edge advancements in immunotherapy, targeted drugs, and AI-assisted diagnosis.

Psychosocial and Emotional Aspects – The mental, emotional, and societal impact of cancer on patients and families.

Future Directions – Innovations in research, policy, and global collaboration for cancer control.

Designed for a wide audience, this book is both informative and inspiring, offering a panoramic view of cancer that is rooted in science yet deeply human in approach.



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